Management of persistent methicillin-resistant *Staphylococcus aureus* bacteremia with 32 days of positive blood cultures


Antibiotic combinations with daptomycin are recommended for persistent methicillin-resistant *Staphylococcus aureus* (MRSA) bacteremia. This report illustrates a case of successful treatment of a 63-year-old male with persistent MRSA bacteremia with high vancomycin and daptomycin MICs secondary to vertebral osteomyelitis using salvage therapy. The patient was empirically started on vancomycin and piperacillin/tazobactam for the vertebral osteomyelitis; however, due to worsening leukocytosis and lack of clinical improvement with vancomycin, the patient was switched to daptomycin. Initially, source control was not planned for the patient; thus, additional antibiotics including ceftaroline 600 mg IV q8h, gentamicin 1 mg/kg IV q8h, and clindamycin 600 mg IV q8h were added to combat the persistent MRSA bacteremia. The patient received a laminectomy on Day 22, with the patient achieving the first set of negative blood cultures on Day 32. This combination may be considered for other patients who have failed traditional therapy for MRSA bacteremia.

Keywords: daptomycin; ceftaroline; gentamicin; clindamycin; methicillin-resistant *Staphylococcus aureus*; bacteremia; vertebral osteomyelitis

INTRODUCTION

Methicillin-resistant *Staphylococcus aureus* (MRSA) is a substantial cause of community and healthcare associated infections, including MRSA bacteremia [1]. The first-line treatment for MRSA bacteremia is vancomycin or daptomycin for a minimum of 2 weeks starting from the first day of source control [1,2]. Treatment failure to vancomycin should be considered at or around day 7 of therapy based on the guidelines; however, some clinicians believe that treatment failure should be considered at 3-4 days due to poor outcomes and serious complications [1,3]. In this situation, high-dose daptomycin with another agent is recommended if susceptible [1,4]. These agents include rifampin, linezolid, trimethoprim/sulfamethoxazole, and β-lactam antibiotics [5]. Patient’s clinical response, trough concentrations for vancomycin, susceptibilities, and source control are all factors to be contemplated for selection of therapy [5]. The following case report illustrates the management of persistent MRSA bacteremia with high vancomycin and daptomycin MICs, requiring the use of multiple antibiotics. Patient consent and Internal Review Board approval was obtained.

CASE DESCRIPTION

A 63-year-old male with MRSA bacteremia secondary to vertebral osteomyelitis presented to the hospital with nausea, vomiting, back pain, and a temperature of 39°C. Blood cultures on admission showed MRSA with susceptibility to vancomycin (MIC=2 mcg/mL). Both trans-thoracic echocardiogram (TTE) and trans-esophageal echocardiogram (TEE) showed no vegetation. The impression from the MRI was discitis with enhancement at L2-3 and L3-4 which was more pronounced at L2-3. The surgical cultures on Day 26. Clindamycin 600 mg IV every 8 hours was added and adjusted appropriately for renal function. Due to the persistent bacteremia and the worsening progression of the discitis revealed by MRI and CT images, a laminectomy of L1-L3 epidural abscess/discitis was performed on Day 22. On Day 24, the WBC increased to 11.04 K/mm³ and the surgical cultures resulted as positive for MRSA. Gentamicin 1 mg/kg IV every 8 hours (Scr 0.5 mg/dL) was initiated and adjusted as necessary for renal function on Day 24. Although the patient was afebrile and the WBC ranged from 8-11 K/mm³, the patient continued to have persistent positive MRSA blood cultures on Day 26. Clindamycin 600 mg IV every 8 hours was added on Day 30. The first negative blood cultures were collected on Day 32, and the patient eventually continued to improve and was discharged from the hospital on Day 219.

DISCUSSION

Our report presents a case for the management of persistent MRSA bacteremia and vertebral osteomyelitis where vancomycin was previously administered, and multiple antibiotics were required in addition to a laminectomy. Different antimicrobial monotherapy or combinations have been studied and presented, although the best approach in a patient with persistent MRSA bacteremia is yet to be determined [6]. There is a high likelihood of vancomycin therapy failure when the MRSA MIC = 2 mcg/mL, as the AUC/MIC target of ≥ 400 is only achieved when the MIC ≤ 1 mcg/mL with a goal trough is 15-20 mcg/mL. Daptomycin 10 mg/kg/day and ceftaroline were both administered to the patient (a ceftaroline e-test was not performed). Daptomycin works by inserting into the membrane of bacteria causing membrane damage and is active against most gram positive pathogenic organisms [7]. Daptomycin susceptibility is defined as a MIC ≤ 1 mcg/mL. The higher MICs which our patient presented with daptomycin (> 1 mcg/mL) may be due to prior exposure to vancomycin despite not having been on daptomycin previously, and the fact that daptomycin frequently is resistant or becomes resistant quickly...
when the MRSA strain has a MIC = 2 mcg/mL to vancomycin (I). Ceftriaxone is similar to other β-lactams in exerting time-dependent killing, exposing the pathogen to the drug for an extended time period, and it inhibiting cell wall synthesis by binding to penicillin-binding proteins [8].

In a pharmacokinetic/pharmacodynamic model, bactericidal activity was achieved when both ceftriaxone and daptomycin were given concurrently in both daptomycin-susceptible and non-susceptible MRSA strains [9]. The synergistic mechanism by which this occurs is thought to be attributable to ceftriaxone’s ability to reduce cell wall thickness and increase the membrane binding of and enhance the activity of daptomycin (daptomycin-induced depolarization and killing by LL37) [9]. In one study, the median time for MRSA bacteremia clearance after the administration of daptomycin and ceftriaxone was 2 days, ranging from 1 to 6 days [4]. In contrast to this study, our patient did not achieve the first set of negative blood cultures until 12 days after the combination of daptomycin and ceftriaxone, along with 9 days of gentamicin and 3 days of clindamycin. Gentamicin was initiated for synergy when the patient’s WBC increased and there was no improvement in clinical status. However, positive blood cultures continued to persist, and clindamycin was started. In the end, bacteremia clearance was documented on Day 32. Despite receiving appropriate antibiotics, the patient required several combinations of antibiotics to clear the MRSA bacteremia. A laminectomy of L1-L3 epidural abscess/discitis was performed on Day 22 because of persistent positive blood cultures and a worsening follow-up MRI. Removing the source of infection was critical in our patient. Poor source control and inadequate debridement can be reasons for MRSA bacteremia treatment failure [6]. Jongsma et al. reported a case of MRSA bacteremia and endocarditis with daptomycin failure that was most likely caused by a delay in surgical intervention of the abscess [10]. It is thought that clearance of the persistent MRSA bacteremia was achieved with adequate source control on Day 22 and the addition of clindamycin on Day 30. There are limited data to address how patients with persistent bacteremia should be treated optimally [6]. Resistance and failed therapies may create challenges in choosing the optimal drug regimen. The treatment of severe MRSA infections will continue to be shaped by the changes in MRSA epidemiology and clinical trials [11].

CONCLUSION

Consideration of combination medications is necessary when the patient fails traditional regimens or if the patient has a prior history of failing traditional regimens. Our patient was placed on salvage treatment for the management of persistent MRSA bacteremia secondary to vertebral osteomyelitis due to the failure of traditional regimens. His salvage therapy consisted of high-dose daptomycin, ceftriaxone, clindamycin, and gentamicin. This multi-drug regimen may be applicable to patients with persistent MRSA bacteremia when traditional therapy has failed. In choosing an antimicrobial combination, the patient characteristics, condition, and risks such as adverse drug events versus benefits should be carefully considered. Further studies should be conducted to determine the safety and efficacy of salvage therapy.

DISCLAIMER

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